



DISA HUNT HIKE – MYBURGH RAVINE HOUT BAY

Saturday 31 January
Meet at 08:00
Myburgh Ravine, Hout Bay

Join us for a slow, curious wander in search of one of the Cape's most magical fynbos orchids. Disas – known as the Pride of Table Mountain – bloom for a brief moment each year. When they're gone, they're gone. Small group. Sharp eyes. Big joy. Limited spots available.

THE FACTS & FIGURES



DISTANCE
3 km
out and back



**TIME
ON TRAIL**
2,5 hours



HIGHLIGHT
Disa orchids in
bloom



**ELEVATION
GAIN**
405m



**DIFFICULTY
GRADE**
intermediate

PARKING & PRACTICAL STUFF



MEETING TIME AND PLACE:
Saturday 31 Jan 2026
Farriers Way Cul de Sac, Hout Bay

COST: R350 PER PERSON

WHAT YOU GET:

GOOD FOOD,
GOOD MOOD



Freshly brewed coffee,
rooibos tea, and rusks.

EXPERT GUIDANCE,
ENDLESS ADVENTURES



A unique and
“bootique” hiking
plan curated by
your professional
mountain guide.

STRONG LUNGS,
STEADY HEART



Hiking is a full-body
workout, battery
reboot, and stress-
buster all in one.
Views included.

SAFETY FIRST,
PEACE OF MIND.



With mountain
safety, rescue, and
first aid training,
your guide’s got your
back (and front,
and everything in
between).

SHARED EXPERIENCES,
LASTING BONDS



Trail talk and tough
climbs spark bonds
that outlast the
muscle burn.
Plus it’s way
cheaper than
therapy.

WHAT TO BRING:



DAYPACK*

Each person carries their own,
water, personal items.

- **Footwear: comfortable, sturdy running or hiking shoes with good grip**
- Warm layer (wool or fleece)
- **Wind and waterproof jacket is essential - regardless of the season or the weather forecast!**
- Personal medication
- Swimming stuff for after our hike.



HYDRATION

Bring plenty of water, **at least 1.5 litres per person** (more on hotter days/longer hikes)

SUN PROTECTION

- **Hat**
- **Sunglasses**
- **Sunblock**

*We have plenty of extra gear - let us know in advance if you want to borrow a daypack/rainjacket/hiking poles etc.



PAYMENT DETAILS

In order to secure your spot on the hike, please make the full of payment of R350 to:

Klipspring Hikes (Pty) Ltd

Capitec Business | Acc no: 1054336806

Please use the following reference: [Your First Name] + Disa Hike

FOR QUESTIONS, BOOKINGS AND MORE INFO PLEASE CONTACT:

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